

Community Preventive Services Task Force All Active Findings September 2024*

· ·		
Adolescent Health		
Person-to-Person Interventions to Improve Caregivers' Parenting Skills	Recommended (sufficient)	October 2007
<u>Asthma</u>		
School-based Self-Management Interventions for Children and Adolescents with Asthma	Recommended (strong)	August 2019
Home-Based Multi-Trigger, Multicomponent Environmental Interv	ventions	
Children and Adolescents with Asthma	Recommended (strong)	June 2008
Adults with Asthma	Insufficient Evidence	June 2008
<u>Cancer</u>		
Increasing Cancer Screening		
Patient Navigation Services to Advance Health Equity		
Breast Cancer	Recommended (strong)	July 2022
<u>Cervical Cancer</u>	Recommended (sufficient)	July 2022
Colorectal Cancer	Recommended (strong)	July 2022
Interventions Engaging Community Health Workers		
Breast Cancer	Recommended (strong)	April 2019
<u>Cervical Cancer</u>	Recommended (strong)	April 2019
<u>Colorectal Cancer</u>	Recommended (strong)	April 2019
Multicomponent Interventions		
Breast Cancer	Recommended (strong)	August 2016
Cervical Cancer	Recommended (strong)	August 2016
<u>Colorectal Cancer</u>	Recommended (strong)	August 2016
Increasing Cancer Screening, Client-Oriented Interventions	'	
Client Incentives		
Breast Cancer	Insufficient Evidence	July 2010
	1	

^{*}Table does not include inactive or archived reviews.



<u>Cervical Cancer</u>	Insufficient Evidence	July 2010
<u>Colorectal Cancer</u>	Insufficient Evidence	July 2010
Client Reminders		
Breast Cancer	Recommended (strong)	July 2010
<u>Cervical Cancer</u>	Recommended (strong)	July 2010
<u>Colorectal Cancer</u>	Recommended (strong)	July 2010
One-on-One Education		I
Breast Cancer	Recommended (strong)	March 2010
Cervical Cancer	Recommended (strong)	March 2010
Colorectal Cancer	Recommended (sufficient)	March 2010
Reducing Structural Barriers		
Breast Cancer	Recommended (strong)	March 2010
Cervical Cancer	Insufficient Evidence	March 2010
Colorectal Cancer	Recommended (strong)	March 2010
Group Education for Clients		
Breast Cancer	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Mass Media Targeting Clients		
Breast Cancer	Insufficient Evidence	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Reducing Client Out-of-Pocket Costs		
Breast Cancer	Recommended (sufficient)	October 2009
Cervical Cancer	Insufficient Evidence	October 2009
Colorectal Cancer	Insufficient Evidence	October 2009
Small Media Targeting Clients		
Breast Cancer	Recommended (strong)	December 2005
Cervical Cancer	Recommended (strong)	December 2005



<u>Colorectal Cancer</u>	Recommended (strong)	December 2005
Increasing Cancer Screening, Provider-Oriented Interventions		
Provider Assessment and Feedback		
Breast Cancer	Recommended (sufficient)	October 2009
<u>Cervical Cancer</u>	Recommended (sufficient)	October 2009
<u>Colorectal Cancer</u>	Recommended (sufficient)	October 2009
Provider Incentives		
Breast Cancer	Insufficient Evidence	October 2009
<u>Cervical Cancer</u>	Insufficient Evidence	October 2009
<u>Colorectal Cancer</u>	Insufficient Evidence	October 2009
Provider Reminder and Recall Systems		
Breast Cancer	Recommended (strong)	February 2006
<u>Cervical Cancer</u>	Recommended (strong)	February 2006
<u>Colorectal Cancer</u>	Recommended (strong)	February 2006
Preventing Skin Cancer		
Interventions in Outdoor Recreational and Tourism Settings	Recommended (strong)	April 2014
Interventions in Outdoor Occupational Settings	Recommended (strong)	August 2013
Child Care Center-Based Interventions	Recommended (sufficient)	May 2013
High School- and College-Based Interventions	Insufficient Evidence	May 2013
Primary and Middle School-Based Interventions	Recommended (strong)	August 2012
Multicomponent Community-Wide Interventions	Recommended (sufficient)	April 2012
Mass Media	Insufficient Evidence	June 2011
<u>Diabetes</u>		
Mobile Phone Applications Used Within Healthcare Systems for Type 1 Diabetes Self-Management	Insufficient Evidence	August 2017
Mobile Phone Applications Used Within Healthcare Systems for Type 2 Diabetes Self-Management	Recommended (sufficient)	August 2017
<u>Diabetes Management: Interventions Engaging Community</u> <u>Health Workers</u>	Recommended (strong)	April 2017
Team-Based Care for Patients with Type 2 Diabetes	Recommended (strong)	December 2016



	•	
<u>Intensive Lifestyle Interventions for Patients with Type 2</u> <u>Diabetes</u>	Recommended (sufficient)	October 2016
<u>Diabetes Prevention: Interventions Engaging Community Health</u> <u>Workers for Diabetes Prevention</u>	Recommended (sufficient)	August 2016
Combined Diet and Physical Activity Promotion Programs to Prevent Type 2 Diabetes Among People at Increased Risk	Recommended (strong)	July 2014
Excessive Alcohol Use		
Electronic Screening and Brief Interventions (e-SBI)	Recommended (strong)	August 2012
Privatization of Retail Alcohol Sales	Recommended Against (strong)	April 2011
Responsible Beverage Service Training	Insufficient Evidence	October 2010
Dram Shop Liability	Recommended (strong)	March 2010
Overservice Law Enforcement Initiatives	Insufficient Evidence	March 2010
Maintaining Limits on Hours of Sale	Recommended (sufficient)	February 2009
Maintaining Limits on Days of Sale	Recommended (strong)	June 2008
Increasing Alcohol Taxes	Recommended (strong)	June 2007
Regulation of Alcohol Outlet Density	Recommended (sufficient)	February 2007
Enhanced Enforcement of Laws Prohibiting Sales to Minors	Recommended (sufficient)	February 2006
Health Communication and Health Information Tecl	nnology	
Health Information Technology: Text Messaging Interventions for Medication Adherence Among Patients with Chronic Diseases	Recommended (sufficient)	August 2017
Health Information Technology: Comprehensive Telehealth to Deliver Dietary Interventions to Patients with Chronic Diseases	Recommended (strong)	August 2017
Health Communication and Social Marketing: Campaigns That Include Mass Media and Health-Related Product Distribution	Recommended (strong)	December 2010
Heart Disease and Stroke Prevention		
Team-Based Care to Improve Blood Pressure Control	Recommended (strong)	December 2020
Tailored Pharmacy-based Interventions to Improve Medication Adherence	Recommended (strong)	April 2019
Mobile Health (mHealth) Interventions for Treatment Adherence among Newly Diagnosed Patients	Recommended (sufficient)	December 2017



Interactive Digital Interventions for Blood Pressure Self- Management	Recommended (sufficient)	August 2017
Self-Measured Blood Pressure Monitoring Interventions for Improved Blood Pressure Control		
When Used Alone	Recommended (sufficient)	June 2015
When Combined with Additional Support	Recommended (strong)	June 2015
Interventions Engaging Community Health Workers	Recommended (strong)	March 2015
Clinical Decision-Support Systems (CDSS)	Recommended (sufficient)	April 2013
Reducing Out-of-Pocket Costs for Cardiovascular Disease Preventive Services for Patients with High Blood Pressure and High Cholesterol	Recommended (strong)	November 2012
HIV/AIDS, STIs and Teen Pregnancy		
Group-Based Abstinence Education Interventions for Adolescents	Insufficient Evidence	June 2009
Group-Based Comprehensive Risk Reduction Interventions for Adolescents	Recommended (sufficient)	June 2009
Youth Development Behavioral Interventions to Reduce Sexual Ris	sk Behaviors in Adolescents	
Coordinated with – Work or Vocational Training	Insufficient Evidence	April 2008
Coordinated with – Sports or Club Participation	Insufficient Evidence	April 2008
Coordinated with – Community Service	Recommended (sufficient)	October 2007
HIV Prevention		
<u>Digital Health Interventions to Improve Adherence to HIV Pre-Exposure Prophylaxis</u>	Recommended (sufficient)	December 2021
Partner Services Interventions to Increase HIV Testing	Recommended (sufficient)	July 2021
Clinical Decision Support System to Increase HIV Screening	Recommended (strong)	April 2020
Interventions to Reduce Sexual Risk Behaviors or Increase Protective Behaviors to Prevent Acquisition of HIV in Men Who Have Sex with Men		
Community-Level Interventions	Recommended (sufficient)	June 2005
Group-Level Interventions	Recommended (strong)	June 2005
<u>Individual-Level Interventions</u>	Recommended (strong)	June 2005
Mental Health		
Multi-tiered Interventions to Create Trauma-Informed Schools to Improve Mental Health Among Youth	Insufficient Evidence	November 2023



<u>Targeted School-Based Cognitive Behavioral Therapy Programs</u> <u>to Reduce Depression and Anxiety Symptoms</u>	Recommended (strong)	April 2019
Universal School-Based Cognitive Behavioral Therapy Programs to Reduce Depression and Anxiety Symptoms	Recommended (strong)	April 2019
Mental Health Benefits Legislation	Recommended (sufficient)	August 2012
Collaborative Care for the Management of Depressive Disorders	Recommended (strong)	June 2010
Interventions to Reduce Depression Among Older Adults		
Clinic-Based Depression Care Management	Recommended (sufficient)	February 2008
Community-Based Exercise Interventions	Insufficient Evidence	February 2008
Home-Based Depression Care Management	Recommended (strong)	February 2008
Motor Vehicle Injury		
Use of Motorcycle Helmets		
<u>Universal Helmet Laws</u>	Recommended (strong)	August 2013
Reducing Alcohol-Impaired Driving	'	
Publicized Sobriety Checkpoint Programs	Recommended (strong)	August 2012
Ignition Interlocks	Recommended (strong)	April 2006
Multicomponent Interventions with Community Mobilization	Recommended (strong)	June 2005
School-Based Programs		
Instructional Programs	Recommended (sufficient)	October 2003
Mass Media Campaigns	Recommended (strong)	June 2002
0.08% Blood Alcohol Concentration (BAC) Laws	Recommended (strong)	August 2000
Maintaining Current Minimum Legal Drinking Age (MLDA) Laws	Recommended (strong)	August 2000
Lower BAC Laws for Young or Inexperienced Drivers	Recommended (sufficient)	June 2000
Use of Safety Belts		
Enhanced Enforcement Programs	Recommended (strong)	October 2000
Laws Mandating Use	Recommended (strong)	October 2000
Primary (vs. Secondary) Enforcement Laws	Recommended (strong)	October 2000
Use of Child Safety Seats		
Community-Wide Information and Enhanced Enforcement Campaigns	Recommended (sufficient)	June 1998



<u>Distribution and Education Programs</u>	Recommended (strong)	June 1998
Incentive and Education Programs	Recommended (sufficient)	June 1998
Laws Mandating Use	Recommended (strong)	June 1998
Nutrition		
Home-delivered and Congregate Meal Services for Older Adults	Recommended (sufficient)	December 2021
Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity among Students at Institutions of Higher Education	Recommended (sufficient)	July 2021
Worksite Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity	Recommended (sufficient)	March 2021
Community-based Digital Health and Telephone Interventions to Increase Healthy Eating and Physical Activity	Recommended (sufficient)	December 2020
Gardening Interventions to Increase Fruit and Vegetable Consumption Among Children	Recommended (sufficient)	December 2017
<u>Obesity</u>		
Digital Health Interventions for Adolescents with Overweight or Obesity	Recommended (sufficient)	August 2019
Meal or Fruit and Vegetable Snack Interventions Combined with Physical Activity Interventions in Schools	Recommended (sufficient)	April 2018
Increasing Water Access Combined with Physical Activity Interventions in Schools	Insufficient Evidence	April 2018
Multicomponent Interventions (Meal or Fruit and Vegetable Snack Interventions + Healthier Snack Foods and Beverages) Combined with a Physical Activity Intervention in Schools	Insufficient Evidence	October 2018
Supporting Healthier Snack Foods and Beverages Sold or Offered Combined with Physical Activity Interventions in Schools	Insufficient Evidence	October 2018
Increasing Water Access in Schools	Insufficient Evidence	December 2016
Meal and Fruit and Vegetable Snack Interventions to Increase Healthier Foods and Beverages Provided by Schools	Recommended (sufficient)	December 2016
Multicomponent Interventions to Increase Availability of Healthier Foods and Beverages in Schools	Recommended (sufficient)	December 2016
Supporting Healthier Snack Foods and Beverages Sold or Offered as Rewards in Schools	Insufficient Evidence	December 2016



Behavioral Interventions that Aim to Reduce Recreational Sedentary Screen Time Among Children	Recommended (strong)	August 2014
Technology-Supported Multicomponent Coaching or Counseling Interventions		
To Maintain Weight Loss	Recommended (sufficient)	June 2009
To Reduce Weight	Recommended (sufficient)	June 2009
Worksite Programs	Recommended (strong)	February 2007
Provider-Oriented Interventions		
Multicomponent Provider Interventions	Insufficient Evidence	February 2008
Multicomponent Provider Interventions with Client Interventions	Insufficient Evidence	February 2008
Provider Education with a Client Intervention	Insufficient Evidence	February 2008
Provider Education	Insufficient Evidence	October 2007
<u>Provider Feedback</u>	Insufficient Evidence	October 2007
<u>Provider Reminders</u>	Insufficient Evidence	October 2007
<u>Oral Health</u>		
School Fluoride Varnish Delivery Programs†	Recommended (strong)	June 2024
Craniofacial Injuries: Community-Based Interventions to Encourage Use of Helmets, Facemasks, and Mouthguards in Contact Sports	Insufficient Evidence	October 2013
Dental Caries (Cavities): Community Water Fluoridation	Recommended (strong)	April 2013
Dental Caries (Cavities): Community-Based Initiatives to Promote the Use of Dental Sealants	Insufficient Evidence	April 2013
<u>Dental Caries (Cavities): School-Based Dental Sealant Delivery</u> <u>Programs</u>	Recommended (strong)	April 2013
<u>Preparedness and Response</u>		
Non-Pharmaceutical Interventions to Reduce Transmission of Viral Respiratory Infections in Long-Term Care Communities	Recommended (sufficient)	June 2024
Physical Activity		
Home-based Exercise Interventions for Adults Aged 65 Years and Older	Recommended (sufficient)	July 2022
Park, Trail, and Greenway Infrastructure Interventions		
When Combined with Additional Interventions	Recommended (sufficient)	July 2021



When Implemented Alone	Insufficient Evidence	July 2021
Classroom-based Physically Active Lesson Interventions	Recommended (sufficient)	March 2021
Physical Activity: Classroom-based Physical Activity Break Interventions	Recommended (sufficient)	March 2021
Digital Health Interventions for Adults 55 years and Older	Recommended (sufficient)	April 2019
Interventions to Increase Active Travel to School	Recommended (sufficient)	August 2018
Interventions Including Activity Monitors for Adults with Overweight or Obesity	Recommended (sufficient)	August 2017
Built Environment Approaches Combining Transportation System Interventions with Land Use and Environmental Design	Recommended (sufficient)	December 2016
Family-Based Interventions	Recommended (sufficient)	October 2016
Enhanced School-Based Physical Education	Recommended (strong)	December 2013
Stand-Alone Mass Media Campaigns	Insufficient Evidence	March 2010
Point-of-Decision Prompts to Encourage Use of Stairs	Recommended (strong)	June 2005
Creating or Improving Places for Physical Activity	Recommended (strong)	May 2001
Community-Wide Campaigns	Recommended (strong)	February 2001
Individually Adapted Health Behavior Change Programs	Recommended (strong)	February 2001
Social Support Interventions in Community Settings	Recommended (strong)	February 2001
Pregnancy Health		
Exercise Programs to Prevent Gestational Hypertension	Recommended (sufficient)	February 2019
<u>Lifestyle Interventions to Reduce the Risk of Gestational</u> <u>Diabetes</u>	Recommended (strong)	December 2017
Community-Wide Campaigns to Promote the Use of Folic Acid Supplements	Recommended (sufficient)	June 2004
Social Determinants of Health		
Education Programs and Policies		
Year-Round Schooling	Insufficient Evidence	August 2017
Expanded In-School Learning Time	Insufficient Evidence	April 2017
Center-Based Early Childhood Education	Recommended (strong)	March 2015
School-Based Health Centers	Recommended (sufficient)	March 2015
High School Completion Programs	Recommended (strong)	December 2013



Out-of-School-Time Academic Programs		
<u>General</u>	Recommended (sufficient)	December 2013
Math-Focused	Recommended (sufficient)	December 2013
Reading-Focused	Recommended (strong)	December 2013
Minimal Academic Content	Insufficient Evidence	December 2013
Full Day Kindergarten Programs	Recommended (strong)	December 2011
Housing		
Tenant-Based Housing Voucher Programs	Recommended (sufficient)	July 2020
Permanent Supportive Housing with Housing First (Housing First Programs)	Recommended (strong)	August 2019
Nutrition		
Fruit and Vegetable Incentive Programs	Recommended (strong)	December 2023
Healthy School Meals for All	Recommended (strong)	July 2022
Substance Use		
Community Interventions Involving Coalitions or Partnerships to Prevent Substance Use among Youth†	Recommended (sufficient)	June 2024
Family-based Interventions to Prevent Substance Use among Youth	Recommended (strong)	June 2023
<u>Tobacco Use</u>		
Mobile Phone Text Messaging Cessation Interventions	Recommended (strong)	July 2020
Internet-based Cessation Interventions	Recommended (sufficient)	December 2019
Comprehensive Tobacco Control Programs	Recommended (strong)	August 2014
Mass-Reach Health Communication Interventions	Recommended (strong)	April 2013
Interventions to Increase the Unit Price for Tobacco Products	Recommended (strong)	November 2012
Smoke-Free Policies	Recommended (strong)	November 2012
Quitline Interventions	Recommended (strong)	August 2012
Reducing Out-of-Pocket Costs for Evidence-Based Cessation <u>Treatments</u>	Recommended (strong)	August 2012
Mobile Phone-Based Cessation Interventions	Recommended (sufficient)	December 2011
Incentives and Competitions to Increase Smoking Cessation Among Workers When Combined with Additional Interventions	Recommended (strong)	June 2005



Restricting Minors' Access to Tobacco Products		
Community Mobilization with Additional Interventions to Restrict Minors' Access to Tobacco Products	Recommended (sufficient)	June 2001
<u>Vaccination</u>		
Enhancing Access to Vaccination Services		
Home Visits to Increase Vaccination Rates	Recommended (strong)	February 2016
Special Supplemental Nutrition Program for Women, Infants & Children (WIC) Settings	Recommended (strong)	March 2015
Reducing Client Out-of-Pocket Costs	Recommended (strong)	September 2014
Vaccination Programs in Schools and Organized Child Care Centers	Recommended (strong)	June 2009
Increasing Community Demand for Vaccinations		
Client-Held Paper Immunization Records	Insufficient Evidence	February 2016
Vaccination Requirements for Child Care, School, and College Attendance	Recommended (strong)	February 2016
Community-Wide Education When Used Alone	Insufficient Evidence	September 2015
Monetary Sanction Policies	Insufficient Evidence	September 2015
Client or Family Incentive Rewards	Recommended (sufficient)	May 2015
Client Reminder and Recall Systems	Recommended (strong)	May 2015
Clinic-Based Client Education when Used Alone	Insufficient Evidence	May 2015
Community-Based Interventions Implemented in Combination	Recommended (strong)	October 2014
Provider- or System-Based Interventions	'	
Provider Education When Used Alone	Insufficient Evidence	May 2015
Provider Assessment and Feedback	Recommended (strong)	March 2015
<u>Provider Reminders</u>	Recommended (strong)	March 2015
Standing Orders	Recommended (strong)	March 2015
Health Care System-Based Interventions Implemented in Combination	Recommended (strong)	October 2014
Immunization Information Systems	Recommended (strong)	July 2010
<u>Violence Prevention</u>		



School-based Anti-Bullying Interventions	Recommended (strong)	December 2021
Primary Prevention Interventions to Reduce Perpetration of Intimate Partner Violence and Sexual Violence Among Youth	Recommended (sufficient)	April 2018
Group Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents	Recommended (strong)	June 2006
Individual Cognitive-Behavioral Therapy to Reduce Psychological Harm for Traumatic Events Among Children and Adolescents	Recommended (strong)	June 2006
School-Based Programs to Reduce Violence	Recommended (strong)	June 2005
Policies Facilitating the Transfer of Juveniles to Adult Justice Systems	Recommended Against	April 2003
Therapeutic Foster Care for Chronically Delinquent Juveniles	Recommended (sufficient)	June 2002
Early Childhood Home Visitation to Prevent Child Maltreatment	Recommended (strong)	February 2002
Worksite Health		
Seasonal Influenza Vaccinations Using Interventions with On-Site,	Free, Actively Promoted Vacc	inations
Healthcare Workers	Recommended (strong)	June 2008
Non-Healthcare Workers	Recommended (sufficient)	June 2008
Seasonal Influenza Vaccinations Using Interventions with Actively Promoted, Off-Site Vaccinations		
Non-Healthcare Workers	Insufficient Evidence	June 2008
Healthcare Workers	Insufficient Evidence	June 2008
Assessment of Health Risks with Feedback (AHRF) to Change Employees' Health		
AHRF Plus Health Education with or without Other Interventions	Recommended (strong)	February 2007

[†] The CPSTF Finding and Rationale Statement will be posted as soon as it is finalized and cleared.