

Reducing Psychological Harm from Traumatic Events Among Children and Adolescents: Art Therapy

Task Force Finding

Intervention Definition

Like individual cognitive-behavioral therapy (CBT), group CBT is frequently used to reduce psychological harm in children exposed to trauma.

Task Force Finding (June 2006)*

The Task Force finds insufficient evidence to determine the effectiveness of art therapy in reducing psychological harm in children and adolescents, because only one study of fair quality of execution was found.

*From the following publication:

Task Force on Community Preventive Services. Recommendations to reduce psychological harm from traumatic events among children and adolescents. *Am J Prev Med* 2008;35(3):314-6.

Publications

Wethington HR, Hahn RA, Fuqua-Whitley DS, Sipe TA, Crosby AE, et al. The effectiveness of interventions to reduce psychological harm from traumatic events among children and adolescents: a systematic review. *Am J Prev Med* 2008;35(3):287-313.

Task Force on Community Preventive Services. Recommendations to reduce psychological harm from traumatic events among children and adolescents. *Am J Prev Med* 2008;35(3):314-6.

Disclaimer

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