

Obesity Prevention and Control: Provider Education

Task Force Finding

Intervention Definition

Educational interventions directed at healthcare providers are designed to increase their knowledge as well as change attitudes and practices in addressing overweight and obesity among clients.

Task Force Finding (October 2007)

The Community Preventive Services Task Force finds insufficient evidence to determine the effectiveness of provider education alone to prevent and control obesity among child, adolescent, or adult clients because too few studies of suitable quality were available.

The data presented here are preliminary and are subject to change as the systematic review goes through the scientific peer review process.

Disclaimer

The findings and conclusions on this page are those of the Community Preventive Services Task Force and do not necessarily represent those of CDC. Task Force evidence-based recommendations are not mandates for compliance or spending. Instead, they provide information and options for decision makers and stakeholders to consider when determining which programs, services, and policies best meet the needs, preferences, available resources, and constraints of their constituents.

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