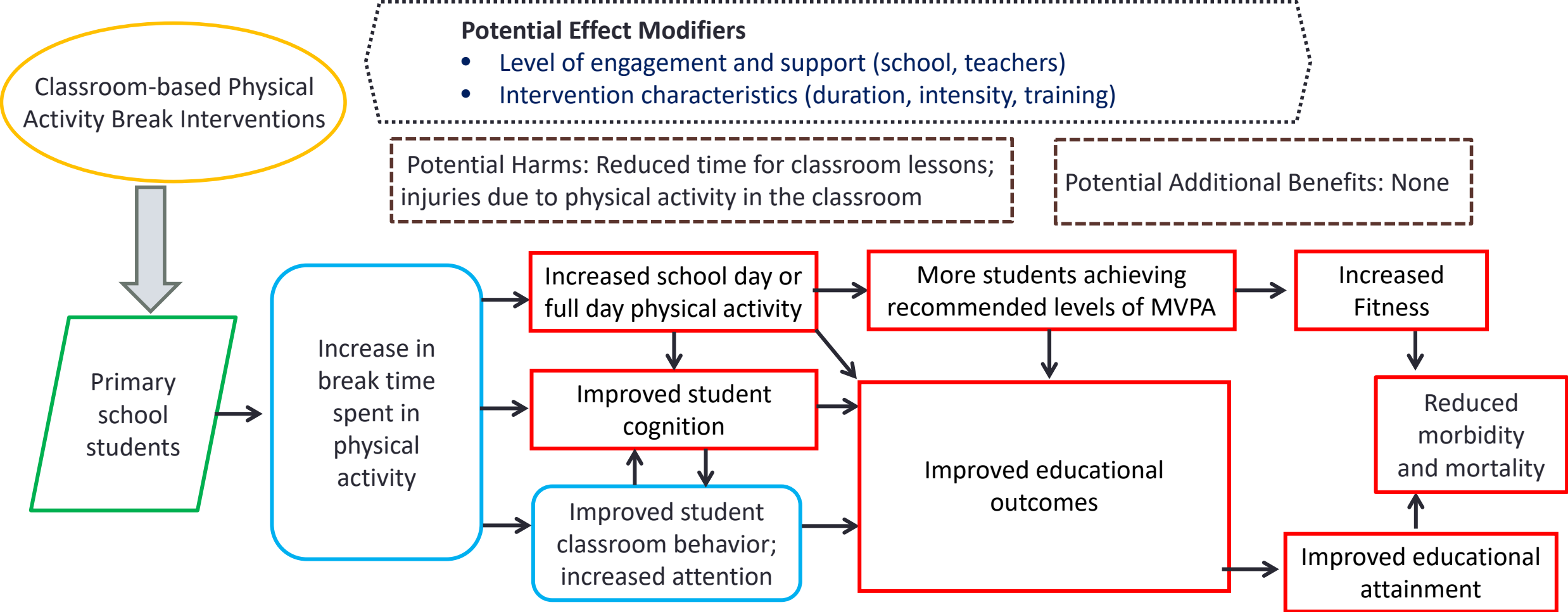


Analytic Framework*: Physical Activity: Classroom-based Physical Activity Break Interventions



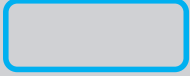
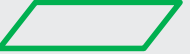





Accessible version: <https://www.thecommunityguide.org/sites/default/files/assets/AF-Physical-Activity-Breaks-508.pdf>



MVPA: Moderate-to-vigorous intensity physical activity

*Diagram adapted from introduction section of Masini A, Marini S, Gori D, Leoni E, Rochira A, Dallolio L. Evaluation of school-based interventions of activity breaks in primary schools: a systematic review and meta-analysis. *Journal of Science and Medicine in Sport* 2020;23:377-84.

Legend: Icons in Community Guide Analytic Frameworks

Icon	Interpretation
	Intervention
	Recommendation outcome
	Other intermediate outcome/variable (that are not recommendation outcomes)
	Population
	Potential Effect Modifiers (affecting causal relationships)
	Potential Additional Benefits/Potential Harms
	Unidirectional block arrows are applied between intervention and population icons
	Unidirectional arrows for causal relationships
	Bidirectional arrows show feedback loops